

Simmonds Tyres BRIDGESTONE FIRestone



Buy 3 get 1 free

This month's sale is "Buy 3 get 1 free" on selected Bridgestone and Firestone tyres. If you're needing tyres this month give us a call on 3490034 with your tyre size or your registration number and we can get it sorted for you.



Staff News

We are hiring! We have been getting busier and busier over the last couple of years, so now it's time to take on someone else. Whoever we aet will definitely need a good sense of humour, be prepared to work hard, work quickly, and work well. We'll keep you posted once found we've the right person!



Winter's finally here!

This week's cold blast has given us a reminder that it is actually winter! It's been pretty mild so far with only a few frosts. They can take us by surprise so don't forget to be vigilant on those shady corners if we do get an unexpected frost.

Georgia has started her Masters in Environmental Management at Massey University. With the environmental focus prevalent in many organisations, we're all hoping that she can get a good job when she finishes in 12 months' time!

We celebrated Drew's 21st birthday last month at Abracadabra (great venue for functions!) We had a great night with everyone. And as we're a family business, here's the family photo from his 21st.



Look forward to seeing you in store. Have a great day!

Andrew, Anita, Georgia & Drew Simmonds, James Marsters, Bruce Henderson & Jason Walker

Simmo's Tyre Tips

Over the last few years there has been a huge increase in vehicles coming out with TPMS (tyre pressure monitoring systems). This tells you if your tyre pressures are correct or worst case you have a flat tyre (symbol generally looks

like this **O**. If you see this come up on your dash display check your tyre pressures immediately visually in case you have a flat tyre, otherwise driving on it will result in the tyre's destruction. Other times though, it can mean the tyre pressures are inconsistent and require checking and resetting.

Once you have reset the pressures or fixed the flat tyre, the system will in most cases require manual re setting; details on how to do this are in the vehicles owner's manual or ask us and we will do it for you. These systems are very accurate so if you see the symbol appear act immediately - it may save you a lot of money and trouble.

Here's what the TPMS system looks like on our Colorado which shows the pressure in kPa (kilopascals) rather than PSI (pounds per square inch).



Gluten Free Berry Friands

Georgia was diagnosed last year as being coeliac so it's meant a few adjustments in her way of eating. She loves experimenting and has found this friand recipe from Sally Holland's Goodbye Gluten recipe book.

2-3 tbsp butter, melted

170g butter

6 large egg whites

1 cup ground almonds 1 ½ cups icing sugar gluten

free

1/2 cup gluten free flour mix 1/2 tsp baking powder, gluten free

About 1 cup berries, eg fresh or frozen blueberries,

raspberries, sliced strawberries Preheat oven to 175 deg Celsius.

Prepare a 12 hole friand tray or muffin tray by greasing well with the first measure of butter. Melt the second measure of butter and set aside. Place the egg whites in a mixing bowl and whisk until frothy.

Add the ground almonds, icing sugar, the sifted flour mix, baking powder and finally the melted butter. Whisk well to make a smooth batter. Transfer mixture to a jug and pour into the friend holes. This is the easiest way to do this. Arrange berries on top.

Bake for 20-25 minutes until lightly golden. Leave to cool for 10 minutes before turning out onto a wire rack to cool.



Something different...

We're always trying to find something interesting for our newsletters, so Bruce came up with the idea of a word find. Grab a cuppa and go for it! (And if you like this please let us know. :)

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